

Summer School of Martial Arts 2019

College of International Education

Shanghai University

About Shanghai University

Shanghai University is jointly constructed by the Ministry of Education, Shanghai Municipal People's Government, and the State Administration of Science, Technology and Industry for National Defense. In May 1994, the new Shanghai University was built by consolidating Shanghai University of Technology (established in 1960), Shanghai University of Science and Technology (established in 1958), the former Shanghai University, and Shanghai Science & Technology College (established in 1959). The vast faculty and students are determined to inherit and carry forward the glorious tradition of Shanghai University since the 1920s.

Shanghai University is a comprehensive university offering 82 undergraduate programs, 187 graduate programs, and 97 doctoral programs in various disciplines including science, humanities & social sciences, engineering, economics & management, art, etc. Shanghai University currently has 2965 faculty including 677 professors and 1093 associate professors, 14987 graduate students, 20652 undergraduate students, and 4361 international students. Shanghai University also achieved collaboration with 178 universities in 42 nations and regions, managing 5 Confucius Institutes with partners in North America, Europe, Asia, etc.

Objectives

- ✓ Introduction on Chinese Martial Arts by lectures & practice
- ✓ Explore the amazing city of Shanghai
- ✓ Strengthen the exchanges and communication in the fields of culture and education

Duration

3 weeks.

July 14, 2019---August 11, 2019.

Schedule (The schedule is subject to change according to the actual arrangements.)

Date		Time	Event	Lecturer / Notes
July 14	Sunday		Arrival	
July 15	Monday	9:00-11:00	Registration, Orientation	
		13:30-16:00	Campus Tour	
July 16	Tuesday	9:00-10:30	Lecture 1: Lecture: History of Martial Arts and Culture	Liang Shen
		13:00-14:30	Practice 1: Bajiquan	Xiuhong Gu
		15:30-21:30	Visit the Oriental Pearl TV Tower in Lujiazui area; Huangpu River Cruise	Dinner at Chinese Style Restaurant
July 17	Wednesday	9:00-11:00	Practice 2: Bajiquan	Xiuhong Gu
		13:30-16:30	Free	
July 18	Thursday	9:00-11:00	Practice 3: Taiji	Geng Chen
		13:30-15:30	Practice 4: Bajiquan	Xiuhong Gu
July 19	Friday	9:00-11:00	Practice 5: Bajiquan	Xiuhong Gu
		13:30-16:30	Free	
July 20	Saturday	9:00-11:30	Free	
		13:00-16:00	Visit the City God Temple	Lunch at a Chinese Style Restaurant
		18:30-21:30	Watch the Acrobatic Show	
July 21	Sunday	9:00-12:00	Sightseeing in Oriental Land	Lunch at a Chinese Style Restaurant
		12:30-16:30	Visit Zhujiajiao Ancient Town	
July 22	Monday	9:00-11:00	Practice 6: Sword	Xiuhong Gu
		13:30-15:30	Free	
July 23	Tuesday	9:00-11:00	Practice 7: Sword	Xiuhong Gu
		13:30-16:30	Visit the Chinese Martial Arts Museum	

July 24	Wednesday	9:00-11:00	Lecture 2: Shooting	Liang Shen
		13:30-16:00	Free	
July 25	Thursday	9:00-11:00	Practice 8: Sword	Xiuhong Gu
		13:30-15:30	Visit the Chinese Folk Culture Museum	
July 26	Friday	9:00-11:00	Free	
		13:30-15:30	Lecture 3:The Public Space in Modern City : From the Perspective of the Square Dancing	
July 27	Saturday	9:00-11:00	Free	
		13:30-15:30	Visit the Shanghai Science and Technology Museum	Communicate with Shanghai Citizens in the Park
July28	Sunday	9:00-11:40	Visit Shanghai Museum	Local Specialties for Dinner
		13:30-15:30	Free	
July29	Monday	9:00-11:00	Practice 8: Sword	Xiuhong Gu
		13:30-16:10	Lecture 4:Chinese Food Tasting	
July 30	Tuesday	9:00-11:00	Practice 9: Sword	Xiuhong Gu
		13:00-16:00	Visit the Shanghai Art Museum	
July 31	Wednesday	9:00-11:40	Free	
		13:00-16:00	Visit Tianzifang	
August1	Thursday	9:00-11:00	Practice 10: Taiji	Geng Chen
		13:30-16:00	Cross-culture Exchange Activity	
August2	Friday	9:00-11:40	Practice 11: Sword	Xiuhong Gu
		13:30-16:00	Free	
August3	Saturday	Free		
August4	Sunday			
August5	Monday	9:00-11:00	Practice 12: Shooting	Liang Shen
		13:30-16:00	Free	
August6	Tuesday	9:00-11:00	Practice 13: Shooting	Liang Shen
		13:30-15:30	Free	

August7	Wednesday	9:00-11:00	Prepare for Work Report	
		13:30-16:00	Visit the Confucius Temple in Jiading & Nanxiang Ancient Town	
August8	Thursday	9:00-11:00	Prepare for Work Report	
		13:30-16:00	Free	
August9	Friday	9:00-11:00	Prepare for Work Report	
		15:30-17:30	Graduation Ceremony & Achievements Report Show	
		18:00-20:00	Graduation Dinner	Local Specialties for Dinner
August 10	Saturday		Depart from University	
August 11	Sunday		Final Departure in the Airport	

Application

1. Deadline:

1, June, 2019

2. Required:

- Application Form
- Passport Copy
- Mainland Travel Permit for Hong Kong and Macao Residents (for students from Hongkong and Macao)
- Mainland Travel Permit for Taiwan Residents (for students from Taiwan)

3. Requirements for Applicants:

Students or company staff between 18-40 years old

About Visa

X2 visa (staying no more than 180 days)

*L visa is not accepted.

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Program Fees

Basic Package (Prices are quoted in CNY per person.)

Fee	Contents	Details
Ranging from CNY10480 to CNY11460 (Depending on Accommodation)	Application (CNY500)	Visa Documents; Campus Tour; Student ID Card Making.
	Tuition (CNY 7500)	Lectures and Practice Delivered in English: CNY 7500
	Accommodation: Ranging from CNY 980 to CNY 1960	Cost Per Person Per Night is: Ranging from CNY 70 to CNY140, Depending on the Availability of Dormitory June 30, 2019---July 13, 2019 (14 days in all)
	Activities (CNY 1500)	8 Visits: CNY 1500

** Shanghai University reserves the right to re-accommodate students, if the on-campus accommodation is limited or full.*

Others (not included in Tuition)

Fee	Contents	Details
CNY 900	Meals in Student Cafeteria	Breakfast, Lunch and Dinner
CNY 400	Pick up Service	For group pick-up (more than 2 students), we will provide this service for free.

Accommodation

Double room or Single room in international students' dorm, equipped with air conditioning, telephone, network interface, and separate bathroom facilities. There are public kitchens, laundry rooms and refrigerators in the dorm. The life is very convenient with restaurants, supermarkets and convenience stores near the dorm.